### Edgar Filing: BROGDON CONNIE B - Form 4

BROGDON	CONNIE B										
Form 4	1 2000										
November 2									OMB AF	PPROVAL	
Washington, D.C. 20549							OMB Number:	3235-0287			
Check th if no long	7.0 <b>r</b>								Expires:	January 31, 2005	
subject to Section 16. Form 4 or				NGES IN BENEFICIAL OWN SECURITIES				NERSHIP OF	Estimated a burden hou response	verage	
Form 5 obligatio may cont <i>See</i> Instru 1(b).	ns Section 1'	7(a) of the	Public Ut		ling Con	npany	Act of	e Act of 1934, 71935 or Section 40		0.0	
(Print or Type I	Responses)										
BROGDON CONNIE B Symbo			Symbol	uer Name <b>and</b> Ticker or Trading l ARE HEALTH SYSTEMS INC				5. Relationship of Reporting Person(s) to Issuer			
			[ADK]					(Check all applicable)			
(Last)	(First) (Middle) 3. Date of (Month/D LANTA STREET 05/12/20			-				Director Officer (give below)	title Other below)	6 Owner er (specify	
0,01112111	(Street)			endment, Date Original				6. Individual or Joint/Group Filing(Check			
DOGWELL				ith/Day/Year)	-	I		Applicable Line) _X_ Form filed by C Form filed by M	One Reporting Pe	rson	
ROSWELL	, GA 30075							Person		F 0	
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date any (Month/Day/Year)		n Date, if	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
				Code V	Amount	(D)	Price	(Instr. 3 and 4)			
Common Stock	05/16/2008			Р	2,825	А	\$ 1.8	78,061	Ι	By spouse	
Common Stock	05/23/2008			Р	500	А	\$2	78,561	Ι	By spouse	
Common Stock	09/12/2008			Р	5,000	А	\$ 2	179,889	D		
Common Stock	10/13/2008			Р	3,000	А	\$ 1.506	182,889	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. H Der Sec (In:
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Warrant	\$ 0.4	05/12/2008		Р	3,000	<u>(1)</u>	11/10/2011	Common Stock	3,000	
Warrant	\$ 0.5	06/04/2008		Р	800	<u>(1)</u>	11/10/2011	Common Stock	800	4

# **Reporting Owners**

Reporting Owner Name / Address	Relationships						
1	Director	10% Owner	Officer	Other			
BROGDON CONNIE B 593 ATLANTA STREET ROSWELL, GA 30075		Х					
Signatures							

## /s/ Connie B. Brogdon

\*\*Signature of Reporting Person 11/21/2008 Date

## **Explanation of Responses:**

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The Warrants are currently exercisable.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.