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SPIRENT COMMUNICATIONS PLC

Form 6-K

July 28, 2006

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 6-K

REPORT OF FOREIGN PRIVATE ISSUER
PURSUANT TO RULE 13a-16 OR 15d-16
UNDER THE SECURITIES EXCHANGE ACT OF 1934

For the month of July, 2006

SPIRENT COMMUNICATIONS plc

(Translation of registrant's name into English)

Spirent House, Crawley Business Quarter, Fleming Way, Crawley, West Sussex
RH10 9QL, UK.

(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports
under cover Form 20-F or Form 40-F.

Form 20-F X Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information
contained in this Form is also thereby furnishing the information to the
Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes No X

If "Yes" is marked, indicate below the file number assigned to the registrant
in connection with Rule 12g3-2(b): 82- _____

BLOCKLISTING SIX MONTHLY RETURN

To: The FSA

Date: 28 July 2006

Name of applicant: SPIRENT COMMUNICATIONS PLC

Name of scheme: SPIRENT EXECUTIVE SHARE OPTION SCHEME, 1995

Period of return: From: 1 JANUARY 2006 To: 30 JUNE 2006

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Balance under scheme from previous return: 2,386,034 ORDINARY SHARES OF 3 1/3p EACH

The amount by which the block scheme has been increased, if the scheme has been increased since the date of the last return: 3,500,000 ORDINARY SHARES OF 3 1/3p EACH

Number of securities issued/allotted under scheme during period: 1,753,775 ORDINARY SHARES OF 3 1/3p EACH

Balance under scheme not yet issued/allotted at end of period: 4,132,259 ORDINARY SHARES OF 3 1/3p EACH

Number and class of securities originally listed and the date of admission: 3,000,000 ORDINARY SHARES OF 3 1/3p EACH DA
SEPTEMBER 2000

3,000,000 ORDINARY SHARES OF 3 1/3 p EACH D
MAY 2004

3,500,000 ORDINARY SHARES OF 3 1/3p EACH DA
MARCH 2006

Total number of securities in issue at the end of the 970,810,133 ORDINARY
SHARES OF 3 1/3 p EACH period :

Name of contact: Warren Nash

Address of contact: Spirent Communications plc
Spirent House
Crawley Business Quarter
Fleming Way
Crawley, RH10 9QL

Telephone number of contact: 01293 767676

SIGNED BY Warren Nash
Director/company secretary/suitably experienced employee/duly authorised officer
behalf of

Spirent Communications plc
Name of applicant

If you knowingly or recklessly give false or misleading information you may be
liable to prosecution.

BLOCKLISTING SIX MONTHLY RETURN

To: The FSA

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Date: 28 July 2006

Name of applicant: SPIRENT COMMUNICATIONS PLC

Name of scheme: U.S EMPLOYEE STOCK PURCHASE PLAN

Period of return: From: 1 JANUARY 2006 To: 30 JUNE 2006

Balance under scheme from previous return: 1,237,364 ORDINARY SHARES OF 3 1/3p EACH

The amount by which the block scheme has been increased, if the scheme has been increased since the date of the last return: NIL

Number of securities issued/allotted under scheme during period: NIL

Balance under scheme not yet issued/allotted at end of period: 1,237,364 ORDINARY SHARES OF 3 1/3p EACH

Number and class of securities originally listed and the date of admission: 435,000 ORDINARY SHARES OF 3 1/3p EACH DATE 2001

3,500,000 ORDINARY SHARES OF 3 1/3 p EACH D NOVEMBER 2001

7,000,000 ORDINARY SHARES OF 3 1/3 p EACH D NOVEMBER 2002

1,800,000 ORDINARY SHARES OF 3 1/3 p EACH D DECEMBER 2004

Total number of securities in issue at the end of the 970,810,133 ORDINARY SHARES OF 3 1/3 p EACH period :

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BLOCKLISTING SIX MONTHLY RETURN

To: The FSA

Date: 28 July 2006

Name of applicant: SPIRENT COMMUNICATIONS PLC
Name of scheme: SPIRENT GLOBAL ALL EMPLOYEE SHARE PURCHASE PLAN
Period of return: From: 1 JANUARY 2006 To: 30 JUNE 2006

Balance under scheme from previous return: 814,444 ORDINARY SHARES OF 3 1/3p EACH

The amount by which the block scheme has been increased, if the scheme has been increased since the date of the last return: NIL

Number of securities issued/allotted under scheme during period: NIL

Balance under scheme not yet issued/allotted at end of period: 814,444 ORDINARY SHARES OF 3 1/3p EACH

Number and class of securities originally listed and the date of admission: 1,000,000 ORDINARY SHARES OF 3 1/3p EACH DA
NOVEMBER 2002

700,000 ORDINARY SHARES OF 3 1/3 p EACH DAT
DECEMBER 2004

Total number of securities in issue at the end of the 970,810,133 ORDINARY
SHARES OF 3 1/3 p EACH period :

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Fleming Way

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Crawley, RH10 9QL

Telephone number of contact:

01293 767676

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BLOCKLISTING SIX MONTHLY RETURN

To: The FSA

Date: 28 July 2006

Name of applicant: SPIRENT COMMUNICATIONS PLC
Name of scheme: NETCOM AMENDED AND RESTATED STOCK OPTION PLAN
Period of return: From: 1 JANUARY 2006 To: 30 JUNE 2006

Balance under scheme from previous return: 4,200,894 ORDINARY SHARES OF 3 1/3p EACH

The amount by which the block scheme has been increased, if the scheme has been increased since the date of the last return: NIL

Number of securities issued/allotted under scheme during period: 2,674,007 ORDINARY SHARES OF 3 1/3p EACH

Balance under scheme not yet issued/allotted at end of period: 1,526,887 ORDINARY SHARES OF 3 1/3p EACH

Number and class of securities originally listed and the date of admission: 3,291,399 ORDINARY SHARES OF 3 1/3p EACH D
SEPTEMBER 1999

1,739,130 ORDINARY SHARES OF 3 1/3 p EACH D
JULY 2002

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6,722,689 ORDINARY SHARES OF 3 1/3 p EACH D
OCTOBER 2002

Total number of securities in issue at the end of the 970,810,133 ORDINARY SHARES OF 3 1/3 p EACH
period :

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BLOCKLISTING SIX MONTHLY RETURN

To: The FSA

Date: 28 July 2006

Name of applicant: SPIRENT COMMUNICATIONS PLC
Name of scheme: ZARAK AMENDED AND RESTATED STOCK OPTION PLAN
Period of return: From: 1 JANUARY 2006 To: 30 JUNE 2006

Balance under scheme from previous return: 2,690,996 ORDINARY SHARES OF 3 1/3p EACH
The amount by which the block scheme has been NIL

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increased, if the scheme has been increased since the date of the last return:

Number of securities issued/allotted under scheme during period: NIL

Balance under scheme not yet issued/allotted at end of period: 2,690,996 ORDINARY SHARES OF 3 1/3p EACH

Number and class of securities originally listed and the date of admission: 3,895,474 ORDINARY SHARES OF 3 1/3p EACH DA NOVEMBER 2000

Total number of securities in issue at the end of the period : 970,810,133 ORDINARY SHARES OF 3 1/3 p EACH

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To: The FSA

Date: 28 July 2006

Name of applicant: SPIRENT COMMUNICATIONS PLC

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Name of scheme: SPIRENT SAVINGS RELATED SHARE OPTION SCHEME
Period of return: From: 1 JANUARY 2006 To: 30 JUNE 2006

Balance under scheme from previous return: 68,185 ORDINARY SHARES OF 3 1/3p EACH

The amount by which the block scheme has been increased, if the scheme has been increased since the date of the last return: NIL

Number of securities issued/allotted under scheme during period: NIL

Balance under scheme not yet issued/allotted at end of period: 68,185 ORDINARY SHARES OF 3 1/3p EACH

Number and class of securities originally listed and the date of admission: 200,000 ORDINARY SHARES OF 3 1/3p EACH DATE DECEMBER 2003

Total number of securities in issue at the end of the period : 970,810,133 ORDINARY SHARES OF 3 1/3 p EACH

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To: The FSA

Date: 28 July 2006

Name of applicant: SPIRENT COMMUNICATIONS PLC
Name of scheme: SPIRENT STOCK INCENTIVE PLAN
Period of return: From: 1 JANUARY 2006 To: 30 JUNE 2006

Balance under scheme from previous return: 4,453,686 ORDINARY SHARES OF 3 1/3p EACH

The amount by which the block scheme has been increased, if the scheme has been increased since the date of the last return: NIL

Number of securities issued/allotted under scheme during period: 589,855 ORDINARY SHARES OF 3 1/3p EACH

Balance under scheme not yet issued/allotted at end of period: 3,863,831 ORDINARY SHARES OF 3 1/3p EACH

Number and class of securities originally listed and the date of admission: 3,720,930 ORDINARY SHARES OF 3 1/3p EACH DA
OCTOBER 2003

3,703,703 ORDINARY SHARES OF 3 1/3 p EACH D
OCTOBER 2003

Total number of securities in issue at the end of the period : 970,810,133 ORDINARY SHARES OF 3 1/3 p EACH

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To: The FSA

Date: 28 July 2006

Name of applicant: SPIRENT COMMUNICATIONS PLC
Name of scheme: CAW AMENDED AND RESTATED STOCK OPTION PLAN
Period of return: From: 1 JANUARY 2006 To: 30 JUNE 2006

Balance under scheme from previous return: 836,399 ORDINARY SHARES OF 3 1/3p EACH

The amount by which the block scheme has been increased, if the scheme has been increased since the date of the last return: NIL

Number of securities issued/allotted under scheme during period: 2,914 ORDINARY SHARES OF 3 1/3p EACH

Balance under scheme not yet issued/allotted at end of period: 833,485 ORDINARY SHARES OF 3 1/3p EACH

Number and class of securities originally listed and the date of admission: 1,300,000 ORDINARY SHARES OF 3 1/3p EACH DATA AUGUST 2002

115,394 ORDINARY SHARES OF 3 1/3 p EACH DATA AUGUST 2002

Total number of securities in issue at the end of the period : 970,810,133 ORDINARY SHARES OF 3 1/3 p EACH

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behalf of

Spirent Communications plc
Name of applicant

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Signatures

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

____LUKE THOMAS____

(Registrant)

Date 28 July, 2006

By ____/s/ Luke Thomas____

(Signature)*