

FLOW INTERNATIONAL CORP
 Form 4
 March 27, 2006

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
LENESS JOHN S

2. Issuer Name and Ticker or Trading Symbol
FLOW INTERNATIONAL CORP [FLOW]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)

(Last) (First) (Middle)
23500 64TH AVENUE SOUTH
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
03/24/2006

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
General Counsel & Corp. Sec.

KENT, WA 98032
 (City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 ____ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V Amount (A) or (D) Price			
Common Stock	03/24/2006		M	V 45,000 A \$ 9.625	0	D	
Common Stock	03/24/2006		S	8,900 D \$ 12.83	0	D	
Common Stock	03/24/2006		S	19,743 D \$ 12.84	0	D	
Common Stock	03/24/2006		S	1,113 D \$ 12.85	0	D	
Common Stock	03/24/2006		S	900 D \$ 12.86	0	D	

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Common Stock	03/24/2006	S	4,861	D	\$ 12.87	0	D
Common Stock	03/24/2006	S	200	D	\$ 12.88	0	D
Common Stock	03/24/2006	S	700	D	\$ 12.89	0	D
Common Stock	03/24/2006	S	300	D	\$ 12.91	0	D
Common Stock	03/24/2006	S	600	D	\$ 12.92	0	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option Plan (Right to Buy)	\$ 9.62	03/24/2006		M	45,000	03/24/2006	06/05/2006	Common Stock	45,000

Reporting Owners

Reporting Owner Name / Address	Relationships
LENESS JOHN S 23500 64TH AVENUE SOUTH KENT, WA 98032	Director 10% Owner Officer General Counsel & Corp. Sec.

Signatures

/s/ John S
Leness

03/27/2006

__Signature of
Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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