BLACKROCK MUNIHOLDINGS INVESTMENT QUALITY FUND

Form N-Q July 26, 2012 UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549
FORM N-Q
QUARTERLY SCHEDULE OF PORTFOLIO HOLDINGS OF REGISTERED MANAGEMENT INVESTMENT COMPANY
Investment Company Act file number 811-08349
Name of Fund: BlackRock MuniHoldings Investment Quality Fund (MFL)
Fund Address: 100 Bellevue Parkway, Wilmington, DE 19809
Name and address of agent for service: John M. Perlowski, Chief Executive Officer, BlackRock MuniHoldings Investment Quality Fund, 55 East 52 nd Street, New York, NY 10055
Registrant's telephone number, including area code: (800) 882-0052, Option 4
Date of fiscal year end: 08/31/2012
Date of reporting period: 05/31/2012
Item 1 – Schedule of Investments

Schedule of Investments May 31, 2012 (Unaudited)

	Par	
Municipal Bonds	(000)	Value
Alabama 5.2%		
Auburn University, Refunding RB, Series A:		
5.00%, 6/01/29	\$ 5,66	5 \$ 6,691,272
5.00%, 6/01/31	3,25	0 3,795,740
Birmingham Special Care Facilities		
Financing Authority, RB, Children s		
Hospital (AGC):		
6.13%, 6/01/34	4,98	
6.00%, 6/01/39	10,99	5 12,692,958
Selma IDB, RB, International Paper Co., Project Series A 5 38% 12/01/35	1,74	5 1,871,041
Project, Series A, 5.38%, 12/01/35	1,74.	30,816,307
Arizona 5.9%		30,010,307
Arizona Board of Regents, Refunding		
COP, University of Arizona, Series C,		
5.00%, 6/01/25 (a)	7,75	5 8,940,817
Arizona Board of Regents,		
Refunding RB:		
Arizona State University,		
System, Series A, 5.00%,		
7/01/42	5,00	
Series A, 5.00%, 6/01/42	3,00	0 3,376,950
Arizona Board of Regents, Tax Exempt		
Refunding RB, Series A, 5.00%, 7/01/30	3,14	0 3,659,074
Arizona State Board of Regents,	3,14	3,039,074
Refunding RB, Series A:		
5.00%, 7/01/28	62	0 727,781
5.00%, 7/01/29	58	
State of Arizona, COP, Department of		
Administration, Series A (AGM),		
5.25%, 10/01/24	10,26	
~ Wa		34,904,330
California 22.7%		
California Educational Facilities		
Authority, RB, University of Southern California, Series A, 5.25%, 10/01/38	8,92	0 10,356,031
California Health Facilities Financing	0,92	10,550,051
Authority, RB:		
Stanford Hospital and Clinics,		
Series A, 5.00%, 8/15/42	45	0 496,107
Stanford Hospital and Clinics,		
Series A, 5.00%, 8/15/51	4,69	5,083,632
Sutter Health, Series B,		
6.00%, 8/15/42	5,37	0 6,349,434
California State Public Works Board, RB,		
Various Capital Projects, Series G-1	5.00	0 5745.000
(AGC), 5.25%, 10/01/24	5,00	0 5,745,000
California State University, RB, Systemwide, Series A (AGM), 5.00%,		
11/01/39	2,97	5 3,195,091
11/01/37	2,97.	5,175,091

		Par		
Municipal Bonds		(000)	Value	
California (concluded)				
California Statewide Communities				
Development Authority, RB, Kaiser				
Permanente, Series A, 5.00%,	Ф	4 2 4 5	¢ 4.05.16	4
4/01/42	\$	4,345	\$ 4,695,164	4
City of San Jose California, RB, Series A-		4.450	5.040.06	0
1, AMT, 5.75%, 3/01/34		4,450	5,040,960	U
County of Sacramento California, RB,				
Senior Series A (AGC), 5.50%,		((00	7.244.214	,
7/01/41		6,600	7,344,210	0
Los Angeles Community College District				
California, GO:				
Election of 2001, Series A (NPFGC),		10,000	11.004.004	Λ
5.00%, 8/01/32 Floation of 2008, Source C		10,000	11,094,900	U
Election of 2008, Series C,		2 675	4 246 70	2
5.25%, 8/01/39		3,675	4,246,793	3
Los Angeles Department of Water &				
Power, RB, Power System, Sub-Series A-1, 5.25%, 7/01/38		5,000	5,800,850	Λ
Los Angeles Municipal Improvement		3,000	3,000,030	U
Corp., Refunding RB, Real Property,		2.000	2 204 000	0
Series B (AGC), 5.50%, 4/01/39		2,980	3,304,909	9
Los Angeles Unified School District				
California, GO, Series D, 5.25%, 7/01/25		2 105	4.095.017	2
		3,485	4,085,012	2
Manteca Financing Authority California,				
RB, Manteca Sewer (AGC): 5.63%, 12/01/33		2,450	2,782,17	1
5.75%, 12/01/36		3,285	3,738,69	
Redondo Beach Unified School District,		3,203	3,730,09	1
GO, Election of 2008, Series E,				
5.50%, 8/01/34		4,110	4,805,823	3
San Bernardino Community College		4,110	4,803,82	3
District, GO, Election of 2002, Series				
A, 6.25%, 8/01/33		3,820	4,544,80	7
San Diego Public Facilities Financing		3,620	4,544,00	,
Authority, Refunding RB, Series B				
(AGC), 5.38%, 8/01/34		4,690	5,436,083	5
San Jacinto Unified School District, GO,		4,090	5,450,00.	,
Election of 2006 (AGM), 5.25%,				
8/01/32		3,000	3,263,760	0
State of California, GO, Various Purpose:		3,000	3,203,700	O
5.00%, 9/01/41		10,345	11,096,254	4
(AGC), 5.50%, 11/01/39		15,000	16,871,400	
State of California, Refunding RB,		10,000	10,071,10	
5.25%, 2/01/30		3,275	3,761,73	1
		0,270	133,138,82	
Colorado 1.2%			,,	
Colorado Health Facilities Authority, RB,				
Hospital, NCMC Inc. Project, Series B				
(AGM), 6.00%, 5/15/26		5,925	6,954,528	8
District of Columbia 1.7%			, , 	
District of Columbia Water & Sewer				
Authority, RB:				
Series A (NPFGC), 5.00%,				
10/01/38		1,000	1,107,950	0

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Municipal Dands	Pa		V -1
Municipal Bonds District of Columbia (concluded)	(00	JU)	Value
District of Columbia (concluded) District of Columbia Water & Sewer			
Authority, RB (concluded):			
Sub Lien, Series A, Public			
Utility Revenue, 5.00%,			
10/01/30	\$	7,515	\$ 8,848,988
10/01/30	φ	7,313	9,956,938
Florida 9.0%			9,930,936
City of Jacksonville Florida, RB, Sales			
Tax Revenue, Better Jacksonville			
(NPFGC), 5.00%, 10/01/27		10,000	10,460,100
City of Jacksonville Florida, Refunding		10,000	10,100,100
RB, Sales Tax Revenue, Better			
Jacksonville (AGM), 5.00%, 10/01/29		3,500	3,955,035
County of Lee Florida, Refunding ARB,		3,300	3,733,033
Series A, AMT, 5.38%, 10/01/32		4,600	4,979,638
County of Miami-Dade Florida, RB,		1,000	1,777,030
Miami International Airport,			
Series A, AMT:			
(AGM), 5.50%, 10/01/41		3,500	3,738,490
(NPFGC), 6.00%, 10/01/29		8,000	8,055,760
Florida Housing Finance Corp., RB,		0,000	0,033,700
Waverly Apartments, Series C-1 AMT			
(AGM), 6.30%, 7/01/30		2,055	2,058,411
Florida Housing Finance Corp.,		2,000	2,000,111
Refunding RB, AMT (NPFGC)			
Homeowner Mortgage, Series 2:			
5.75%, 7/01/14		350	350,931
5.90%, 7/01/29		5,670	5,735,092
Manatee County Housing Finance		,	, ,
Authority, RB, Series A, AMT (Ginnie			
Mae), 5.90%, 9/01/40		2,700	3,009,069
Miami-Dade County Housing Finance		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	.,,.
Authority Florida, RB, Marbrisa			
Apartments Project, Series 2A, AMT			
(AGM), 6.00%, 8/01/26		2,185	2,192,364
Orange County Health Facilities		·	
Authority, RB, The Nemours			
Foundation Project, Series A, 5.00%,			
1/01/29		3,555	3,949,889
Palm Beach County Florida School			
Board, Refunding COP, Series A,			
5.00%, 8/01/28		4,000	4,524,000
			53,008,779
Illinois 16.3%			
Chicago Board of Education Illinois, GO,			
Series A, 5.50%, 12/01/39		6,370	7,281,419
Chicago Board of Education Illinois, GO,			
Refunding, Chicago School Reform			
Board (NPFGC), 5.50%, 12/01/26		1,620	1,974,181
Chicago Transit Authority, RB:			

3 3		
Federal Transit Administration		
Section 5309, Series A (AGC),		
6.00%, 6/01/26	6,315	7,411,221
Sales Tax Receipts Revenue,	1.060	2 206 500
5.25%, 12/01/36	1,960	2,206,509
	Par	
Municipal Bonds	(000)	Value
Illinois (concluded)		
Chicago Transit Authority, RB (concluded):		
Sales Tax Receipts Revenue, 5.25%, 12/01/40	\$ 5,515 \$	6,180,385
City of Chicago Illinois, RB:	7 7,5 25 7	3,233,232
General, Third Lien, Series A,		
5.75%, 1/01/39	7,395	8,577,534
General, Third Lien, Series C,	17,000	20 220 000
6.50%, 1/01/41 City of Chicago Illinois, Refunding RB:	16,800	20,328,000
Sales Tax Revenue, Series A,		
5.25%, 1/01/38	2,445	2,758,889
Waterworks Revenue Project,		
5.00%, 11/01/42	4,360	4,870,120
City of Chicago Illinois, Refunding RB,		
O Hare International Airport, General, Third Lien, Series C, 5.25%, 1/01/35	4,520	4,995,188
Illinois Finance Authority, RB:	7,320	4,993,100
Carle Foundation, Series A,		
6.00%, 8/15/41	4,000	4,444,640
University of Chicago, Series B,	10.000	11 (04 200
5.50%, 7/01/37 Railsplitter Tobacco Settlement	10,000	11,694,200
Authority, RB:		
5.50%, 6/01/23	4,365	5,028,567
6.00%, 6/01/28	1,245	1,428,613
State of Illinois, RB, Build Illinois, Series		
B, 5.25%, 6/15/26	5,625	6,478,875
Indiana 3.5%		95,658,341
Indiana Finance Authority Waste Water		
Utility, RB, First Lien, CWA Authority,		
Series A, 5.00%, 10/01/41	4,080	4,471,558
Indianapolis Local Public Improvement		
Bond Bank, Refunding RB, Waterworks Project, Series A (AGC),		
5.50%, 1/01/38	14,105	15,829,759
oleon, none	11,100	20,301,317
Kentucky 0.4%		
The Turnpike Authority of Kentucky, RB,		
Revitalization Projects, Series A, 5.00%, 7/01/29	2,235	2,655,649
5.00%, //01/29 Louisiana 0.2%	2,233	2,033,049
New Orleans Aviation Board Louisiana,		
Refunding RB, GARB,		
Restructuring (AGC):		
Series A-1, 6.00%, 1/01/23	500	597,230
Series A-2, (AGC), 6.00%, 1/01/23	720	860,011
1 () 1 () 20	720	1,457,241
Massachusetts 0.4%		, ,
	2,090	2,398,400

Massachusetts Development Finance Agency, RB, Wellesley College, Series J, 5.00%, 7/01/42

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	Par		
Municipal Bonds	(000)		Value
Michigan 7.8% City of Detroit Michigan, RB:			
Second Lien, Series B (AGM),			
6.25%, 7/01/36	\$	6,320	\$ 7,303,139
Second Lien, Series B (NPFGC),	·	,	, ,
5.50%, 7/01/29		7,490	8,406,027
Senior Lien, Series B (AGM), 7.50%,			
7/01/33		2,780	3,506,025
City of Detroit Michigan, Refunding RB,			
Senior Lien, Series C-1 (AGM), 7.00%, 7/01/27		0.055	11 040 200
Hudsonville Public Schools, GO, School		9,055	11,040,399
Building & Site (Q-SBLF), 5.25%,			
5/01/41		6,015	6,698,123
Michigan State Building Authority,		,	
Refunding RB, Facilities Program,			
Series I (AGC), 5.25%, 10/15/25		1,435	1,682,911
Royal Oak Hospital Finance Authority			
Michigan, Refunding RB, William		<i>5</i> 700	7 207 245
Beaumont Hospital, 8.25%, 9/01/39		5,780	7,387,245 46,023,869
Minnesota 2.0%			40,023,009
City of Minneapolis Minnesota,			
Refunding RB, Fairview Health			
Services, Series B (AGC), 6.50%,			
11/15/38		9,900	11,753,577
Mississippi 1.0%			
Medical Center Educational Building			
Corporation, RB, University of Mississippi Medical Center Facilities			
Expansion & Renovation Project,			
Series A, 5.00%, 6/01/41		5,380	5,950,710
Nebraska 0.9%			
Nebraska Investment Finance Authority,			
Refunding RB, Series A:			
5.90%, 9/01/36		3,650	4,171,001
6.05%, 9/01/41		1,015	1,078,712 5,249,713
Nevada 5.5%			3,447,713
Clark County Water Reclamation			
District, GO, Series A, 5.25%,			
7/01/34		10,850	12,685,711
County of Clark Nevada, RB:			
Las Vegas-McCarran International			
Airport, Series A (AGC), 5.25%, 7/01/39		12.750	14,063,760
Subordinate Lien, Series A-2		12,750	14,003,700
(NPFGC), 5.00%, 7/01/36		5,390	5,701,704
		-,-,-	32,451,175
New Jersey 3.7%			, ,
		6,500	7,142,265

New Jersey Health Care Facilities Financing Authority, RB, Virtua Health (AGC), 5.50%, 7/01/38

	Par		
Municipal Bonds	(000)		Value
New Jersey (concluded)			
New Jersey Higher Education Student			
Assistance Authority, Refunding RB,	Ф	4 4775	5 020 024
Series 1, AMT, 5.75%, 12/01/28	\$	4,475 \$	5,039,924
New Jersey Transportation Trust Fund			
Authority, RB, Transportation System:		5 410	6.260, 422
Series A, 5.50%, 6/15/41		5,410	6,269,432
Series B, 5.25%, 6/15/36	,	2,960	3,365,757
N V. 1 0.00			21,817,378
New York 9.6%			
Metropolitan Transportation Authority,			
Refunding RB, Transportation, Series		5 500	6 2 4 7 2 2 0
C, 5.00%, 11/15/28		5,500	6,347,330
New York City Municipal Water Finance			
Authority, RB:			
Fiscal 2009, Series EE, 5.25%,	,	7.500	9.457.000
6/15/40		7,500	8,457,000
Series FF-2, 5.50%, 6/15/40	4	4,000	4,608,320
New York City Municipal Water Finance			
Authority, Refunding RB, Second			
General Resolution, Series EE, 5.38%,		2 477	4.005.510
6/15/43		3,475	4,007,718
New York City Transitional Finance			
Authority, RB:			
Future Tax Secured, Subseries		7.010	0.105.055
E-1, 5.00%, 2/01/42		7,210	8,127,977
Series S-3, 5.25%, 1/15/39	-	5,625	6,283,125
Sub-Future Tax Secured,		4.065	5 420 000
Series C, 5.00%, 11/01/39		4,865	5,438,000
Sub-Series S-2A, 5.00%,	,	7 1 1 0	0.102.117
7/15/30		7,110	8,182,117
New York City Transitional Finance			
Authority, RB, Fiscal 2009, Series S-4		4.000	4 (00 1(0
(AGC), 5.50%, 1/15/29		4,000	4,680,160
North Carolina 2.1%			56,131,747
City of Charlotte NC, ARB, Airport			
Revenue, Charlotte Douglas Airport,	,	7.5.40	0.245.272
Series A, 5.00%, 7/01/41		7,540	8,345,272
University of North Carolina, Refunding	,	2 275	2 010 510
RB, 5.00%, 4/01/28		3,275	3,818,519
Donnarkonio 170/			12,163,791
Pennsylvania 1.7%			
Pennsylvania Turnpike Commission, RB,		4.045	5 500 126
Sub-Series A, 6.00%, 12/01/41 Philadalphia Hagnitals & Higher		4,945	5,589,136
Philadelphia Hospitals & Higher Education Excilities Authority			
Education Facilities Authority,			
Refunding RB, Children s Hospital			
Philadelphia, Series D, 5.00%,	,	2 705	4 200 059
7/01/32		3,785	4,302,258
			9,891,394

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		Par		
Municipal Bonds		(000)		Value
Puerto Rico 1.3%				
Puerto Rico Sales Tax Financing Corp.,				
RB, First Sub-Series A, 6.38%,	Ф	((10	Ф	7 721 015
8/01/39	\$	6,610	\$	7,731,915
Texas 18.1%				
City of Austin Texas, Refunding RB,		2.260		2 002 102
Series A (AGM), 5.00%, 11/15/28		3,360		3,902,102
City of Houston Texas, Refunding RB,				
Combined First Lien, Series A (AGC):		4.5 -0.0		4 7 9 7 9 9 9 6
6.00%, 11/15/35		12,700		15,350,236
6.00%, 11/15/36		9,435		11,364,080
5.38%, 11/15/38		5,000		5,730,300
Dallas Area Rapid Transit, Refunding				
RB, Senior Lien, 5.25%, 12/01/38		10,110		11,330,176
Harris County Cultural Education				
Facilities Finance Corp., RB, Texas				
Children s Hospital Project, 5.25%,				
10/01/29		3,645		4,147,682
Harris County Health Facilities				
Development Corp., Refunding RB,				
Memorial Hermann Healthcare				
System, Series B, 7.25%, 12/01/35		1,500		1,801,320
Katy Independent School District,				
Refunding RB, School Building, Series				
A, (PSF-GTD), 5.00%, 2/15/42 (a)		3,505		4,002,500
Lamar Texas Consolidated Independent				
School District, GO, Refunding, School				
House, Series A, 5.00%, 2/15/45		4,175		4,752,695
North Texas Tollway Authority, RB,				
Special Projects System, Series A,				
5.50%, 9/01/41		3,500		4,091,080
North Texas Tollway Authority,				
Refunding RB, System, First Tier:				
(AGM), 6.00%, 1/01/43		5,555		6,563,233
Series K-1 (AGC), 5.75%, 1/01/38		12,150		13,729,379
Tarrant County Cultural Education				
Facilities Finance Corp., Refunding				
RB, Christus Health, Series A (AGC),				
6.50%, 7/01/37		1,770		2,045,978
Texas State Turnpike Authority, RB,				
Central Texas Turnpike System, First				
Tier, Series A (AMBAC), 5.00%,				
8/15/42		5,790		5,790,463
Texas Tech University, Refunding RB,				
Improvement Bonds, 14th Series A,				
5.00%, 8/15/32		1,500		1,733,160
University of Texas System, Refunding				
RB, Financing System, Series B,				
5.00%, 8/15/43		8,495		9,801,021
				106,135,405
Virginia 0.9%				

Virginia Public School Authority, RB, School Financing, 6.50%, 12/01/35 Washington 1.5 %	4,300	5,077,053
City of Seattle Washington, Refunding RB, Series A, 5.25%, 2/01/36	4,200	4,843,566
Municipal Bonds	Par 000)	Value
Washington (concluded)		
State of Washington, GO, Various Purpose, Series B, 5.25%, 2/01/36	\$ 3,290	\$ 3,813,011 8,656,577
Wisconsin 1.1% Wisconsin Health & Educational Facilities Authority, Refunding RB, Ascension Health, Series D, 5.00%, 11/15/41	5 000	6 214 750
Total Municipal Bonds 123.7%	5,800	6,314,750 726,599,705
Municipal Bonds Transferred to Tender Option Bond (TOB) Trusts (b)		720,379,703
Alabama 1.2%		
Mobile Board of Water & Sewer		
Commissioners, RB (NPFGC), 5.00%, 1/01/31	6,500	6,863,610
California 2.0%	0,300	0,803,010
California State University, Refunding		
RB, Systemwide, Series A (AGM),		
5.00%, 11/01/32	7,960	8,954,761
Los Angeles Unified School District California, GO, Series I, 5.00%,		
1/01/34	2,400	2,663,760
	,	11,618,521
District of Columbia 0.7%		
District of Columbia Water & Sewer Authority, RB, Series A, 6.00%,	2.201	4 2 42 (00
10/01/35 Florida 2.7%	3,381	4,242,689
Hillsborough County Aviation Authority, RB, Series A, AMT (AGC), 5.50%,		
10/01/38	10,657	11,401,520
Lee County Housing Finance Authority, RB, Multi-County Program, Series A-2,	1.065	4 224 501
AMT (Ginnie Mae), 6.00%, 9/01/40	4,065	4,334,591 15,736,111
Illinois 1.4%		13,730,111
Chicago Transit Authority, Refunding RB, Federal Transit Administration Section		
5309 (AGM), 5.00%, 6/01/28 Indiana 1.8%	7,737	8,406,383
Indiana 1.8% Indiana Health & Educational Facilities		
Financing Authority, Refunding RB, St. Francis, Series E (AGM), 5.25%,		
5/15/41	9,850	10,466,019
Kentucky 0.1%		
Kentucky State Property & Building Commission, Refunding RB, Project		
No. 93 (AGC), 5.25%, 2/01/27	404	464,440

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	Par			
Municipal Bonds Transferred to Tender Option Bond (TOB) Trusts (b)	(000))		Value
Massachusetts 1.8%				
Massachusetts School Building				
Authority, RB, Senior-Series B, 5.00%,	Ф	0.440	Ф	10.716.104
10/15/41	\$	9,440	\$	10,716,194
Nevada 2.7%				
Clark County Water Reclamation				
District, GO:				
Limited Tax, 6.00%, 7/01/38		8,000		9,896,560
Series B, 5.50%, 7/01/29		5,008		5,836,972
				15,733,532
New Jersey 3.8%				
New Jersey EDA, RB, School Facilities				
Construction, Series Z (AGC), 6.00%,				
12/15/34		4,350		5,021,814
New Jersey State Housing & Mortgage				
Finance Agency, RB, S/F Housing,				
Series CC, 5.25%, 10/01/29		7,402		8,083,990
New Jersey Transportation Trust Fund				-,,-
Authority, RB, Transportation System,				
Series A (AGM), 5.00%, 12/15/32		8,000		9,002,480
5616611 (11611), 516676, 12,15162		0,000		22,108,284
New York 10.7%				22,100,201
Hudson New York Yards Infrastructure				
Corp., RB, Series A, 5.75%, 2/15/47		9,249		10,648,882
New York City Municipal Water Finance		フ ,∠¬フ		10,040,002
Authority, Refunding RB, Series FF-2,				
5.50%, 6/15/40		4,994		5 752 254
New York City Transitional Finance		4,994		5,753,254
Authority, RB, Future Tax Secured,		£ 420		6 121 260
Sub-Series E1, 5.00%, 2/01/42		5,439		6,131,360
New York Liberty Development Corp.,				
RB, World Trade Center Port Authority,		12.050		15 066 501
Series 1, 5.25%, 12/15/43		13,950		15,866,591
New York State Dormitory Authority, RB,				
Short Term Personal Income, Tax				
Revenue Education, Series B, 5.25%,				
3/15/38		13,500		15,388,110
New York State Liberty Development				
Corp., Refunding RB, World Trade				
Center Project, 5.75%, 11/15/51		8,200		9,431,886
				63,220,083
Puerto Rico 1.0%				
Puerto Rico Sales Tax Financing Corp.,				
Sales Tax Refunding RB, Sales Tax,				
Series C, 5.25%, 8/01/40		5,590		6,184,776
Texas 6.4%				
City of San Antonio Texas, Refunding				
RB, Series A, 5.25%, 2/01/31		12,027		13,894,922
North Texas Tollway Authority, RB,				
Special Projects System, Series A,				
5.50%, 9/01/41		9,640		11,268,003
		,,,,,		,0,000

Municipal Bonds Transferred to Tender Option Bond (TOB) Trusts (b)	Par (000)		Value
Texas (concluded)	(000)		value
Waco Educational Finance Corporation,			
Refunding RB, Baylor University,			
5.00%, 3/01/43	\$ 11,250	\$	12,672,900
	,		37,835,825
Utah 1.2%			· ·
City of Riverton Utah Hospital, RB, IHC			
Health Services Inc., 5.00%, 8/15/41	6,373		6,880,389
Washington 1.7%			
University of Washington, Refunding RB,			
Series A, 5.00%, 7/01/41	8,698		9,949,581
Total Municipal Bonds Transferred to Tender Option			
Bond (TOB) Trusts 39.2%			230,426,437
Total Long-Term Investments			
(Cost \$874,585,048) 162.9%			957,026,142
Short-Term Securities			
Alabama 0.1%			
Eutaw Industrial Development Board,			
Refunding RB, VRDN, Alabama Power			
Company Project, 0.13%, 6/01/12 (c)	600		600,000
	Shares		
FFI Institutional Tax-Exempt Fund,	10.07/.00/		10.076.206
0.04% (d)(e)	19,976,206		19,976,206
Total Short-Term Securities			20,576,206
(Cost \$20,576,206) 3.5% Total Investments (Cost - \$895,161,254*) 166.4%			977,602,348
Liabilities in Excess of Other Assets (0.2)%			(1,018,003)
Liability for TOB Trust Certificates, Including Interest			(1,010,003)
Expense and Fees Payable (19.5)%			(114,578,616)
VRDP Shares, at Liquidation Value (46.7)%			(274,600,000)
Net Assets Applicable to Common Shares 100.0%		\$	587,405,729
100.0 //		Ψ	301,703,129

^{*} As of May 31, 2012, gross unrealized appreciation and gross unrealized depreciation based on cost for federal income tax purposes were as follows:

Tax cost	\$ 780,880,026
Gross unrealized appreciation	\$ 82,276,631
Gross unrealized depreciation	(68,998)
Net unrealized appreciation	\$ 82,207,633

BLACKROCK MUNIHOLDINGS INVESTMENT QUALITY FUND

MAY 31, 2012

Schedule of Investments (continued)

BlackRock MuniHoldings Investment Quality Fund (MFL)

(a) When-issued security. Unsettled when-issued transactions were as follows:

			Unrealized
Counterparty	Value	1	Appreciation
Citigroup Global Markets	\$ 8,940,817	\$	33,269
Piper Jaffrey	\$ 4,002,500	\$	33,192

- (b) Securities represent bonds transferred to a TOB in exchange for which the Fund acquired residual interest certificates. These securities serve as collateral in a financing transaction.
- (c) Variable rate security. Rate shown is as of report date and maturity shown is the date the principal owed can be recovered through demand.
- (d) Investments in companies considered to be an affiliate of the Fund during the period, for purposes of Section 2(a)(3) of the Investment Company Act of 1940, as amended, were as follows:

Shares Held at August 31, Affiliate 2011		Net Activity	Shares Held at May 31, 2012	Income
FFI Institutional Tax-Exempt				
Fund	22,122,505	(2,146,299)	19,976,206	\$ 2,701

(e) Represents the current yield as of report date.

Financial futures contracts sold as of May 31, 2012 were as follows:

Contracts	Issue	Exchange	Expiration	Notional Value	Unrealized Depreciation
	10-Year US	Chicago			
	Treasury	Board of	September		
195	Note	Trade	2012	\$ 26,117,813	\$ (228,886)

Portfolio Abbreviations

To simplify the listings of portfolio holdings in the Schedule of Investments, the names and descriptions of many of the securities have been abbreviated according to the following list:

AGC Assured Guaranty Corp.

AGM Assured Guaranty Municipal Corp.

AMBAC American Municipal Bond Assurance Corp.

AMT Alternative Minimum Tax (subject to)

ARB Airport Revenue Bonds

COP Certificates of Participation
EDA Economic Development Authority
GARB General Airport Revenue Bonds
GO General Obligation Bonds

Ginnie Mae Government National Mortgage Association

IDB Industrial Development Board

NPFGC National Public Finance Guarantee Corp.
PSF-GTD Permanent School Fund Guaranteed
Q-SBLF Qualified School Bond Loan Fund

RB Revenue Bonds S/F Single-Family

VRDN Variable Rate Demand Notes

Fair Value Measurements - Various inputs are used in determining the fair value of investments and derivative financial instruments. These inputs are categorized into a disclosure hierarchy consisting of three broad levels for financial reporting purposes as follows:

Level 1 unadjusted price quotations in active markets/exchanges for identical assets and liabilities

Level 2 other observable inputs (including, but not limited to: quoted prices for similar assets or liabilities in markets that are active, quoted prices for identical or similar assets or liabilities in markets that are not active, inputs other than quoted prices that are observable for the assets or liabilities (such as interest rates, yield curves, volatilities, prepayment speeds, loss severities, credit risks and default rates) or other market-corroborated inputs)

Level 3 unobservable inputs based on the best information available in the circumstances, to the extent observable inputs are not available (including the Fund s own assumptions used in determining the fair value of investments and derivative financial instruments)

Changes in valuation techniques may result in transfers into or out of an assigned level within the disclosure hierarchy. In accordance with the Fund s policy, transfers between different levels of the fair value disclosure hierarchy are deemed to have occurred as of the beginning of the reporting period. The categorization of a value determined for investments and derivative financial instruments is based on the pricing transparency of the investment and derivative financial instrument and is not necessarily an indication of the risks associated with investing in those securities. For information about the Fund s policy regarding valuation of investments and derivative financial instruments and other significant accounting policies, please refer to the Fund s most recent financial statements as contained in its semi-annual report.

The following tables summarize the inputs used as of May 31, 2012 in determining the fair valuation of the Fund s investments and derivative financial instruments:

Valuation Inputs	Level 1	Level 2	Level 3	Total
Assets:				
Investments:				
Long-Term				
Investments ¹		\$ 957,026,142		\$ 957,026,142
Short-Term				
Securities \$	19,976,206	600,000		20,576,206
Total \$	19,976,206	\$ 957,626,142		\$ 977,602,348

See above Schedule of Investments for values in each state or political subdivision.

Valuation Inputs	l	Level 1	Level 2	Level 3	Total
Derivative Financial					
Instruments ²					
Liabilities:					
Interest rate					
contracts	\$	(228,886)			\$ (228,886)

Derivative financial instruments are financial futures contracts, which are valued at the unrealized appreciation/depreciation on the instrument.

BLACKROCK MUNIHOLDINGS INVESTMENT QUALITY FUND

MAY 31, 2012

Schedule of Investments (concluded)

BlackRock MuniHoldings Investment Quality Fund (MFL)

MAY 31, 2012

Certain of the Fund s assets and liabilities are held at carrying amount, which approximates fair value for financial reporting purposes. As of May 31, 2012, such assets and liabilities are categorized within the disclosure hierarchy as follows:

Valuation Inputs	Le	vel 1		Level 2	Level 3	Total
Assets:						
Cash pledged						
as collateral						
for financial						
futures						
contracts	\$	515,000				\$ 515,000
Liabilities:						
TOB trust						
certificates		9	\$	(114,514,689)		(114,514,689)
VRDP shares				(274,600,000)		(274,600,000)
Total	\$	515,000	\$	(389,114,689)		\$ (388,599,689)
There were no transfers between levels during the pe	eriod ende	d May 31, 2012	2.			

BLACKROCK MUNIHOLDINGS INVESTMENT QUALITY FUND

Item 2 - Controls and Procedures

- 2(a) The registrant's principal executive and principal financial officers, or persons performing similar functions, have concluded that the registrant's disclosure controls and procedures (as defined in Rule 30a-3(c) under the Investment Company Act of 1940, as amended (the "1940 Act")) are effective as of a date within 90 days of the filing of this report based on the evaluation of these controls and procedures required by Rule 30a-3(b) under the 1940 Act and Rule 13a-15(b) under the Securities Exchange Act of 1934, as amended.
- 2(b) There were no changes in the registrant's internal control over financial reporting (as defined in Rule 30a-3(d) under the 1940 Act) that occurred during the registrant's last fiscal quarter that have materially affected, or are reasonably likely to materially affect, the registrant's internal control over financial reporting.

Item 3 - Exhibits

Certifications - Attached hereto

Pursuant to the requirements of the Securities Exchange Act of 1934 and the Investment Company Act of 1940, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

BlackRock MuniHoldings Investment Quality Fund

By: /s/ John M. Perlowski
John M. Perlowski
Chief Executive Officer (principal executive officer) of
BlackRock MuniHoldings Investment Quality Fund

Date: July 25, 2012

Pursuant to the requirements of the Securities Exchange Act of 1934 and the Investment Company Act of 1940, this report has been signed below by the following persons on behalf of the registrant and in the capacities and on the dates indicated.

By: /s/ John M. Perlowski
John M. Perlowski
Chief Executive Officer (principal executive officer) of
BlackRock MuniHoldings Investment Quality Fund

Date: July 25, 2012

By: /s/ Neal J. Andrews
Neal J. Andrews
Chief Financial Officer (principal financial officer) of
BlackRock MuniHoldings Investment Quality Fund

Date: July 25, 2012