FEDERATED NATIONAL HOLDING CO

Form 4 May 22, 2014

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB 3235-0287 Number: January 31,

2005 Estimated average

Expires:

5. Relationship of Reporting Person(s) to

Issuer

burden hours per response... 0.5

if no longer subject to Section 16. Form 4 or Form 5

obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

2. Issuer Name and Ticker or Trading

FEDERATED NATIONAL

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

may continue. 30(h) of the Investment Company Act of 1940 See Instruction

Symbol

1(b).

(Print or Type Responses)

PRYGELSKI PETER J

1. Name and Address of Reporting Person *

			HOLDING CO [FNHC]					(Che	eck all applicat	ole)	
	(First) (7. 14 STREET, S)	(Middle)		of Earliest T Day/Year) 2014	ransaction			X Director X Officer (given below) Chief Fire		0% Owner ther (specify	
180	(Street)		4 If Am	endment, D	ate Origina	n1		6 Individual or	Ioint/Group Fi	ling(Check	
	` /			onth/Day/Yea	_			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
SUNRISE,	FL 33323							Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tab	ole I - Non-l	Derivative	Secur	rities Acq	uired, Disposed	of, or Benefici	ally Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Date, if	3. Transaction Code (Instr. 8)	4. Securit or(A) or Dis (Instr. 3, 4	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
value \$0.01 per share	05/20/2014			M	10,000	A	\$ 8.32	91,158 (1)	D		
Common Stock, par value \$0.01 per share	05/20/2014			M	500	A	\$ 4.59	91,658 (1)	D		
	05/20/2014			S	76	D		91,582 (1)	D		

Common Stock, par value \$0.01 per share					\$ 23.22		
Common Stock, par value \$0.01 per share	05/20/2014	S	100	D	\$ 23.26	91,482 (1)	D
Common Stock, par value \$0.01 per share	05/20/2014	S	100	D	\$ 23.27	91,382 (1)	D
Common Stock, par value \$0.01 per share	05/20/2014	S	100	D	\$ 23.28	91,282 (1)	D
Common Stock, par value \$0.01 per share	05/20/2014	S	100	D	\$ 23.3	91,182 (1)	D
Common Stock, par value \$0.01 per share	05/20/2014	S	100	D	\$ 23.33	91,082 (1)	D
Common Stock, par value \$0.01 per share	05/20/2014	S	100	D	\$ 23.35	90,982 (1)	D
Common Stock, par value \$0.01 per share	05/20/2014	S	100	D	\$ 23.4	90,882 (1)	D
Common Stock, par value \$0.01 per share	05/20/2014	S	200	D	\$ 23.41	90,682 (1)	D
	05/20/2014	S	200	D		90,482 (1)	D

Common Stock, par value \$0.01 per share					\$ 23.42		
Common Stock, par value \$0.01 per share	05/20/2014	S	100	D	\$ 23.43	90,382 (1)	D
Common Stock, par value \$0.01 per share	05/20/2014	S	200	D	\$ 23.48	90,182 (1)	D
Common Stock, par value \$0.01 per share	05/20/2014	S	100	D	\$ 23.49	90,082 (1)	D
Common Stock, par value \$0.01 per share	05/20/2014	S	500	D	\$ 23.5	89,582 <u>(1)</u>	D
Common Stock, par value \$0.01 per share	05/20/2014	S	600	D	\$ 23.51	88,982 (1)	D
Common Stock, par value \$0.01 per share	05/20/2014	S	200	D	\$ 23.56	88,782 (1)	D
Common Stock, par value \$0.01 per share	05/20/2014	S	100	D	\$ 23.57	88,682 (1)	D
Common Stock, par value \$0.01 per share	05/20/2014	S	106	D	\$ 23.59	88,576 <u>(1)</u>	D
	05/20/2014	S	2,364	D		86,212 (1)	D

Common Stock, par value \$0.01 per share					\$ 23.65			
Common Stock, par value \$0.01 per share	05/20/2014	S	200	D	\$ 23.66	86,012 (1)	D	
Common Stock, par value \$0.01 per share	05/20/2014	S	12	D	\$ 23.7	86,000 (1)	D	
Common Stock, par value \$0.01 per share						4,000	I	Held in Mr. Prygelski's IRA

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Share
Stock Options (right to buy)	\$ 8.32	05/20/2014		M	10,000	07/01/2009	07/01/2014	Common Stock, par value \$0.01 per share	10,000
Stock Options	\$ 4.59	05/20/2014		M	500	12/12/2009	12/12/2014	Common Stock, par	500

(right to buy)				value \$0.01 per share	
Stock Options (right to buy)	\$ 4.36	03/03/2011(2)	03/03/2020	Common Stock, par value \$0.01 per share	15,000
Stock Options (right to buy)	\$ 2.45	08/22/2012 ⁽³⁾	08/22/2021	Common Stock, par value \$0.01	10,000
Stock Options (right to buy)	\$ 4.4	04/06/2013(3)	04/06/2022	Common Stock, par value \$0.01 per share	15,000

Reporting Owners

Reporting Owner Name / Address		Relationships						
•	Director	10% Owner	Officer	Other				
PRYGELSKI PETER J 14050 N.W. 14 STREET SUITE 180 SUNRISE, FL 33323	X		Chief Financial Officer & Trea					

Signatures

/s/ Peter J.
Prygelski, III

**Signature of Reporting

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) A total of 76,341 of the Reporting Person's shares are subject to vesting under the Issuer's 2012 Stock Incentive Plan.
- (2) The options vest 20% per year.
- (3) The options vest 33 1/3% per year.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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