INSTEEL INDUSTRIES INC

Form 4

Common

Common

Stock

Stock

10/10/2013

12/04/2013

12/04/2013

December 05, 2013

December 05	5, 2013											
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION								OMB APPROVAL				
UNITED STATES SECURITIES AND EX Washington, D.C. 2							NGE C	OMMISSION	OMB Number:	3235-0287		
Check thi if no long subject to Section 10 Form 4 or	ser STATEM 6.	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							Expires: Estimated burden horseponse	ours per		
Form 4 or Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940												
(Print or Type R	Responses)											
			2. Issuer Name and Ticker or Trading Symbol					5. Relationship of Reporting Person(s) to Issuer				
		INSTEEL INDUSTRIES INC [IIIN]					(Check all applicable)					
			3. Date of Earliest Transaction (Month/Day/Year) 10/10/2013					_X_ Director 10% Owner _X_ Officer (give title Other (specify below)				
				endment, Date Original onth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
MOUNT AI	RY, NC 27030							Form filed by M Person	More than One	Reporting		
(City)	(State)	(Zip)	Table	e I - Non-D	erivative S	Securi	ties Acq	uired, Disposed o	f, or Benefici	ally Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any	Execution Date, if		3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		co trustee of		
Common Stock	10/10/2013			G	4,300	D	\$ 0	360,830	I	co-trustee of trusts established by Howard		

G

M

M

700

17,065 A

D

\$0

11,236 A \$ 9.16 497,897

486,661

514,962

D

D

D

O. Woltz,

Jr.

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Common Stock					\$ 12.43			
Common Stock	12/04/2013	M	20,619	A	\$ 10.72	535,581	D	
Common Stock	12/04/2013	M	8,251	A	\$ 13.06	543,832	D	
Common Stock	12/04/2013	M	10,989	A	\$ 10.23	554,821	D	
Common Stock	12/04/2013	F	53,145	D	\$ 19.23	501,676	D	
Common Stock (Restricted Stock Units)						70,039	D	
Common Stock (2)						8,513	I	co-executor of Howard O. Woltz, Jr. Estate
Common Stock (2)						21,222	I	Custodial account for minor child

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	TransactionDerivative Code Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option (Right to Buy)	\$ 9.16	12/04/2013		M	11,236	<u>(1)</u>	08/09/2020	Common Stock	11,236	

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Stock Option (Right to Buy)	\$ 10.23	12/04/2013	M	10,989	<u>(1)</u>	08/21/2022	Common Stock	10,989
Stock Option (Right to Buy)	\$ 13.06	12/04/2013	M	8,251	<u>(1)</u>	02/21/2022	Common Stock	8,251
Stock Option (Right to Buy)	\$ 10.72	12/04/2013	M	20,619	<u>(1)</u>	08/08/2021	Common Stock	20,619
Stock Option (Right to Buy)	\$ 12.43	12/04/2013	M	17,065	<u>(1)</u>	02/08/2021	Common Stock	17,065
Stock Option (Right to Buy)	\$ 17.22				<u>(1)</u>	08/12/2023	Common Stock	21,583
Stock Option (Right to Buy)	\$ 16.45				<u>(1)</u>	02/12/2023	Common Stock	20,921
Stock Option (Right to Buy)	\$ 16.69				<u>(1)</u>	08/19/2018	Common Stock	15,957
Stock Option (Right to Buy)	\$ 17.11				<u>(1)</u>	02/13/2017	Common Stock	14,395
Stock Option (Right to Buy)	\$ 20.27				<u>(1)</u>	08/13/2017	Common Stock	11,878
Stock Option (Right to Buy)	\$ 20.26				<u>(1)</u>	08/14/2016	Common Stock	6,369
Stock Option (Right to Buy)	\$ 15.64				<u>(1)</u>	02/14/2016	Common Stock	9,144

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

WOLTZ H O III

1373 BOGGS DRIVE X Chairman, President and CEO

MOUNT AIRY, NC 27030

Signatures

James F. Petelle for H. O. Woltz III

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options vest 1/3 annually beginning one year from grant date.
 - In addition to the gifts on November 3 and November 30, 2011, this Form also reflects the beneficial interest H. O. Woltz III is deemed to
- (2) hold in the estate of his father, Howard O. Woltz, Jr., and in three trusts established by his father, following the death of his father on January 2, 2011. Mr. Woltz III disclaims beneficial interest in the shares held in the estate and in trust, except to the extent of his pecuniary interest therein.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 4