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TRUSTCO BANK CORP N Y  
Form 13F-HR  
July 21, 2011

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

Form 13F  
Form 13F COVER PAGE

Report for the Calendar Year or Quarter Ended: 6/30/2011  
Check here if Amendment ; Amendment Number:

-----  
This Amendment (Check only one.):  is a restatement.  
 adds new holdings entries.

Institutional Investment Manager Filing this Report:

Name: TRUSTCO BANK CORP NY  
Address: 5 SARNOWSKI DRIVE  
GLENVILLE, NY 12302

Form 13F File Number:

The institutional investment manager filing this report and the person by whom it is signed hereby represent that the person signing the report is authorized to submit it, that all information contained herein is true, correct and complete, and that it is understood that all required items, statements, schedules, lists, and tables, are considered integral parts of this form.

Persons Signing this Report on Behalf of Reporting Manager:

Name: RICHARD W. PROVOST  
Title: SENIOR TRUST OFFICER  
Phone: 518-381-3643

Signature, Place, and Date of Signing:

/s/ RICHARD W. PROVOST                      GLENVILLE, NY                      7/20/2011  
-----  
[Signature]                                      [City, State]                                      [Date]

Report Type (Check only one):

- 13F HOLDINGS REPORT. (Check here if all holdings of this reporting manager are reported in this report.)
- 13F NOTICE. (Check here if no holdings reported are in this report, and all holdings are reported by other reporting manager(s).)
- 13F COMBINATION REPORT. (Check here if a portion of the holdings for this reporting manager are reported in this report and a portion are reported by other reporting manager(s).)

List of Other Managers Reporting for this Manager:

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Form 13F SUMMARY PAGE

Report Summary:

Number of Other Included Managers: 1  
 Form 13F Information Table Entry Total: 221  
 Form 13F Information Table Value Total: \$ 103,044  
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 (In Thousands)

List of Other Included Managers:

Provide a numbered list of the name(s) and 13F file number(s) of all institutional investment managers with respect to which this report is filed, other than the manager filing this report.

| No.  | Form 13F File Number | Name         |
|------|----------------------|--------------|
| 7000 | 028-10307            | Trustco Bank |

FORM 13F INFORMATION TABLE

| COLUMN 1                      | COLUMN 2       | COLUMN 3  | COLUMN 4           | COLUMN 5           | COLUMN 6                | COLUMN 7                 |
|-------------------------------|----------------|-----------|--------------------|--------------------|-------------------------|--------------------------|
| NAME OF ISSUER                | TITLE OF CLASS | CUSIP     | VALUE<br>(x\$1000) | SHRS OR<br>PRN AMT | SH/<br>PUT/<br>PRN CALL | INVESTMENT<br>DISCRETION |
| AT&T INC                      | COM            | 00206R102 | 1455               | 46309 SH           | DEFINED                 | 70                       |
| AT&T INC                      | COM            | 00206R102 | 573                | 18240 SH           | DEFINED                 | 70                       |
| ABBOTT LABORATORIES           | COM            | 002824100 | 2511               | 47726 SH           | OTHER                   | 70                       |
| ABBOTT LABORATORIES           | COM            | 002824100 | 365                | 6945 SH            | DEFINED                 | 70                       |
| AIR PRODUCTS & CHEMICALS INC  | COM            | 009158106 | 459                | 4800 SH            | OTHER                   | 70                       |
| ALLSTATE CORP                 | COM            | 020002101 | 182                | 5950 SH            | DEFINED                 | 70                       |
| ALLSTATE CORP                 | COM            | 020002101 | 37                 | 1200 SH            | OTHER                   | 70                       |
| AMERICAN EXPRESS CO           | COM            | 025816109 | 388                | 7500 SH            | OTHER                   | 70                       |
| AMERICAN EXPRESS CO           | COM            | 025816109 | 78                 | 1500 SH            | DEFINED                 | 70                       |
| APPLIED MATERIALS INC         | COM            | 038222105 | 928                | 71300 SH           | OTHER                   | 70                       |
| APPLIED MATERIALS INC         | COM            | 038222105 | 36                 | 2800 SH            | DEFINED                 | 70                       |
| AUTOMATIC DATA PROCESSING INC | COM            | 053015103 | 491                | 9323 SH            | OTHER                   | 70                       |
| AUTOMATIC DATA PROCESSING INC | COM            | 053015103 | 16                 | 300 SH             | DEFINED                 | 70                       |
| BANK OF AMERICA CORP          | COM            | 060505104 | 406                | 37000 SH           | OTHER                   | 70                       |
| BANK OF AMERICA CORP          | COM            | 060505104 | 62                 | 5618 SH            | OTHER                   | 70                       |

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|                             |     |           |      |          |         |    |
|-----------------------------|-----|-----------|------|----------|---------|----|
| BHP BILLITON LTD            | FOR | 088606108 | 613  | 6475 SH  | DEFINED | 70 |
| BHP BILLITON LTD            | FOR | 088606108 | 19   | 200 SH   | OTHER   | 70 |
| BRISTOL-MYERS SQUIBB CO     | COM | 110122108 | 187  | 6450 SH  | DEFINED | 70 |
| BRISTOL-MYERS SQUIBB CO     | COM | 110122108 | 446  | 15386 SH | OTHER   | 70 |
|                             |     |           |      |          | OTHER   | 70 |
| CATERPILLAR INC             | COM | 149123101 | 256  | 2400 SH  | DEFINED | 70 |
| CATERPILLAR INC             | COM | 149123101 | 88   | 830 SH   | OTHER   | 70 |
| CHEVRON CORP NEW            | COM | 166764100 | 2766 | 26900 SH | DEFINED | 70 |
|                             |     |           |      |          | DEFINED | 70 |
| CHEVRON CORP NEW            | COM | 166764100 | 568  | 5526 SH  | OTHER   | 70 |
|                             |     |           |      |          | OTHER   | 70 |
| CISCO SYSTEMS INC           | COM | 17275R102 | 666  | 42638 SH | DEFINED | 70 |
|                             |     |           |      |          | DEFINED | 70 |
| CISCO SYSTEMS INC           | COM | 17275R102 | 34   | 2150 SH  | OTHER   | 70 |
|                             |     |           |      |          | OTHER   | 70 |
| CITIGROUP INC               | COM | 172967424 | 191  | 4580 SH  | DEFINED | 70 |
| CITIGROUP INC               | COM | 172967424 | 23   | 563 SH   | OTHER   | 70 |
|                             |     |           |      |          | OTHER   | 70 |
| COCA COLA CO                | COM | 191216100 | 3209 | 47692 SH | DEFINED | 70 |
|                             |     |           |      |          | DEFINED | 70 |
| COCA COLA CO                | COM | 191216100 | 760  | 11300 SH | OTHER   | 70 |
|                             |     |           |      |          | OTHER   | 70 |
| COLGATE PALMOLIVE CO        | COM | 194162103 | 1402 | 16036 SH | DEFINED | 70 |
| COLGATE PALMOLIVE CO        | COM | 194162103 | 420  | 4800 SH  | OTHER   | 70 |
|                             |     |           |      |          | OTHER   | 70 |
| DISNEY WALT CO              | COM | 254687106 | 1471 | 37671 SH | DEFINED | 70 |
|                             |     |           |      |          | DEFINED | 70 |
| DISNEY WALT CO              | COM | 254687106 | 332  | 8500 SH  | OTHER   | 70 |
|                             |     |           |      |          | OTHER   | 70 |
| DOW CHEMICAL CO             | COM | 260543103 | 411  | 11424 SH | DEFINED | 70 |
| DOW CHEMICAL CO             | COM | 260543103 | 125  | 3471 SH  | OTHER   | 70 |
|                             |     |           |      |          | OTHER   | 70 |
| DU PONT E I DE NEMOURS & CO | COM | 263534109 | 357  | 6600 SH  | DEFINED | 70 |
|                             |     |           |      |          | DEFINED | 70 |
| DU PONT E I DE NEMOURS & CO | COM | 263534109 | 86   | 1586 SH  | OTHER   | 70 |
|                             |     |           |      |          | OTHER   | 70 |
| ECOLAB INC                  | COM | 278865100 | 814  | 14433 SH | DEFINED | 70 |

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| NAME OF ISSUER      | TITLE OF CLASS | CUSIP     | VALUE<br>(x\$1000) | SHRS OR<br>PRN AMT | SH/<br>PUT/<br>CALL | INVESTMENT<br>DISCRETION |
| ECOLAB INC          | COM            | 278865100 | 28                 | 500 SH             |                     | OTHER                    |
| EMERSON ELECTRIC CO | COM            | 291011104 | 298                | 5300 SH            |                     | DEFINED                  |
|                     |                |           |                    |                    |                     | DEFINED                  |
| EMERSON ELECTRIC CO | COM            | 291011104 | 85                 | 1513 SH            |                     | OTHER                    |
|                     |                |           |                    |                    |                     | OTHER                    |
| EXELON CORP         | COM            | 30161N101 | 740                | 17274 SH           |                     | DEFINED                  |
| EXELON CORP         | COM            | 30161N101 | 135                | 3150 SH            |                     | OTHER                    |
|                     |                |           |                    |                    |                     | OTHER                    |
| EXXON MOBIL CORP    | COM            | 30231G102 | 5627               | 69145 SH           |                     | DEFINED                  |
|                     |                |           |                    |                    |                     | DEFINED                  |
|                     |                |           |                    |                    |                     | DEFINED                  |

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|                              |     |           |      |           |         |    |
|------------------------------|-----|-----------|------|-----------|---------|----|
| EXXON MOBIL CORP             | COM | 30231G102 | 2512 | 30872 SH  | OTHER   | 70 |
|                              |     |           |      |           | OTHER   | 70 |
| GENERAL ELECTRIC CO          | COM | 369604103 | 8856 | 469562 SH | DEFINED | 70 |
|                              |     |           |      |           | DEFINED | 70 |
|                              |     |           |      |           | DEFINED | 70 |
| GENERAL ELECTRIC CO          | COM | 369604103 | 4443 | 235555 SH | OTHER   | 70 |
|                              |     |           |      |           | OTHER   | 70 |
|                              |     |           |      |           | OTHER   | 70 |
| GENERAL MILLS INC            | COM | 370334104 | 984  | 26448 SH  | DEFINED | 70 |
|                              |     |           |      |           | DEFINED | 70 |
| GENERAL MILLS INC            | COM | 370334104 | 387  | 10400 SH  | OTHER   | 70 |
|                              |     |           |      |           | OTHER   | 70 |
| GLAXOSMITHKLINE PLC          | FOR | 37733W105 | 318  | 7408 SH   | DEFINED | 70 |
| GLAXOSMITHKLINE PLC          | FOR | 37733W105 | 215  | 5006 SH   | OTHER   | 70 |
|                              |     |           |      |           | OTHER   | 70 |
| HEWLETT PACKARD CO           | COM | 428236103 | 502  | 13803 SH  | DEFINED | 70 |
| HEWLETT PACKARD CO           | COM | 428236103 | 142  | 3900 SH   | OTHER   | 70 |
|                              |     |           |      |           | OTHER   | 70 |
| HOME DEPOT INC               | COM | 437076102 | 368  | 10155 SH  | DEFINED | 70 |
|                              |     |           |      |           | DEFINED | 70 |
|                              |     |           |      |           | DEFINED | 70 |
| HOME DEPOT INC               | COM | 437076102 | 64   | 1764 SH   | OTHER   | 70 |
|                              |     |           |      |           | OTHER   | 70 |
| ITT CORP                     | COM | 450911102 | 221  | 3749 SH   | DEFINED | 70 |
| ITT CORP                     | COM | 450911102 | 41   | 700 SH    | OTHER   | 70 |
|                              |     |           |      |           | OTHER   | 70 |
| INTEL CORP                   | COM | 458140100 | 1830 | 82572 SH  | DEFINED | 70 |
|                              |     |           |      |           | DEFINED | 70 |
|                              |     |           |      |           | DEFINED | 70 |
| INTEL CORP                   | COM | 458140100 | 230  | 10368 SH  | OTHER   | 70 |
|                              |     |           |      |           | OTHER   | 70 |
| IBM CORP                     | COM | 459200101 | 1840 | 10725 SH  | DEFINED | 70 |
| IBM CORP                     | COM | 459200101 | 918  | 5350 SH   | OTHER   | 70 |
|                              |     |           |      |           | OTHER   | 70 |
| ISHARES                      | MUT | 464287465 | 371  | 6166 SH   | DEFINED | 70 |
| JPMORGAN CHASE & CO          | COM | 46625H100 | 1628 | 39757 SH  | DEFINED | 70 |
|                              |     |           |      |           | DEFINED | 70 |
|                              |     |           |      |           | DEFINED | 70 |
| JPMORGAN CHASE & CO          | COM | 46625H100 | 317  | 7752 SH   | OTHER   | 70 |
|                              |     |           |      |           | OTHER   | 70 |
| JACOBS ENGINEERING GROUP INC | COM | 469814107 | 333  | 7699 SH   | DEFINED | 70 |
| JACOBS ENGINEERING GROUP INC | COM | 469814107 | 19   | 450 SH    | OTHER   | 70 |
|                              |     |           |      |           | OTHER   | 70 |
| JOHNSON & JOHNSON            | COM | 478160104 | 4693 | 70546 SH  | DEFINED | 70 |
|                              |     |           |      |           | DEFINED | 70 |
| JOHNSON & JOHNSON            | COM | 478160104 | 792  | 11911 SH  | OTHER   | 70 |
|                              |     |           |      |           | OTHER   | 70 |
|                              |     |           |      |           | OTHER   | 70 |
| JOHNSON CONTROLS INC         | COM | 478366107 | 635  | 15250 SH  | DEFINED | 70 |
| JOHNSON CONTROLS INC         | COM | 478366107 | 92   | 2200 SH   | OTHER   | 70 |

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| NAME OF ISSUER | TITLE OF CLASS | CUSIP    | VALUE<br>(x\$1000) | SHRS OR<br>PRN AMT | SH/<br>PUT/<br>CALL | INVESTMENT<br>DISCRETION |

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|                                 |     |           |      |           |  |         |    |
|---------------------------------|-----|-----------|------|-----------|--|---------|----|
|                                 |     |           |      |           |  | OTHER   | 70 |
| KRAFT FOODS INC                 | COM | 50075N104 | 125  | 3552 SH   |  | DEFINED | 70 |
| KRAFT FOODS INC                 | COM | 50075N104 | 148  | 4212 SH   |  | OTHER   | 70 |
|                                 |     |           |      |           |  | OTHER   | 70 |
| ELI LILLY & CO                  | COM | 532457108 | 165  | 4399 SH   |  | DEFINED | 70 |
| ELI LILLY & CO                  | COM | 532457108 | 58   | 1556 SH   |  | OTHER   | 70 |
|                                 |     |           |      |           |  | OTHER   | 70 |
| LOWES COMPANIES INC             | COM | 548661107 | 432  | 18534 SH  |  | DEFINED | 70 |
| LOWES COMPANIES INC             | COM | 548661107 | 13   | 550 SH    |  | OTHER   | 70 |
|                                 |     |           |      |           |  | OTHER   | 70 |
| MASCO CORP                      | COM | 574599106 | 158  | 13125 SH  |  | DEFINED | 70 |
| MASCO CORP                      | COM | 574599106 | 25   | 2100 SH   |  | OTHER   | 70 |
| MCDONALDS CORP                  | COM | 580135101 | 17   | 200 SH    |  | DEFINED | 70 |
| MCDONALDS CORP                  | COM | 580135101 | 205  | 2435 SH   |  | OTHER   | 70 |
| MCGRAW HILL COS INC             | COM | 580645109 | 664  | 15842 SH  |  | DEFINED | 70 |
| MCGRAW HILL COS INC             | COM | 580645109 | 29   | 700 SH    |  | OTHER   | 70 |
|                                 |     |           |      |           |  | OTHER   | 70 |
| MEDTRONIC INC                   | COM | 585055106 | 1938 | 50292 SH  |  | DEFINED | 70 |
|                                 |     |           |      |           |  | DEFINED | 70 |
| MEDTRONIC INC                   | COM | 585055106 | 73   | 1904 SH   |  | OTHER   | 70 |
|                                 |     |           |      |           |  | OTHER   | 70 |
| MERCK & CO INC                  | COM | 58933Y105 | 124  | 3520 SH   |  | DEFINED | 70 |
| MERCK & CO INC                  | COM | 58933Y105 | 147  | 4165 SH   |  | OTHER   | 70 |
|                                 |     |           |      |           |  | OTHER   | 70 |
| MICROSOFT CORP                  | COM | 594918104 | 2876 | 110618 SH |  | DEFINED | 70 |
|                                 |     |           |      |           |  | DEFINED | 70 |
| MICROSOFT CORP                  | COM | 594918104 | 210  | 8063 SH   |  | OTHER   | 70 |
|                                 |     |           |      |           |  | OTHER   | 70 |
| NBT BANCORP INC                 | COM | 628778102 | 520  | 23486 SH  |  | OTHER   | 70 |
| NIKE INC                        | COM | 654106103 | 1021 | 11349 SH  |  | DEFINED | 70 |
| NIKE INC                        | COM | 654106103 | 90   | 1000 SH   |  | OTHER   | 70 |
|                                 |     |           |      |           |  | OTHER   | 70 |
| NOKIA CORP                      | FOR | 654902204 | 124  | 19350 SH  |  | DEFINED | 70 |
| NORFOLK SOUTHERN CORP           | COM | 655844108 | 105  | 1400 SH   |  | DEFINED | 70 |
| NORFOLK SOUTHERN CORP           | COM | 655844108 | 135  | 1800 SH   |  | OTHER   | 70 |
| ORACLE CORP                     | COM | 68389X105 | 634  | 19275 SH  |  | DEFINED | 70 |
| ORACLE CORP                     | COM | 68389X105 | 15   | 452 SH    |  | OTHER   | 70 |
| PEPSICO INC                     | COM | 713448108 | 2604 | 36977 SH  |  | DEFINED | 70 |
|                                 |     |           |      |           |  | DEFINED | 70 |
| PEPSICO INC                     | COM | 713448108 | 461  | 6550 SH   |  | OTHER   | 70 |
|                                 |     |           |      |           |  | OTHER   | 70 |
| PFIZER INC                      | COM | 717081103 | 565  | 27412 SH  |  | DEFINED | 70 |
| PFIZER INC                      | COM | 717081103 | 242  | 11767 SH  |  | OTHER   | 70 |
|                                 |     |           |      |           |  | OTHER   | 70 |
| PHILIP MORRIS INTERNATIONAL INC | COM | 718172109 | 58   | 870 SH    |  | DEFINED | 70 |
| PHILIP MORRIS INTERNATIONAL INC | COM | 718172109 | 358  | 5369 SH   |  | OTHER   | 70 |
|                                 |     |           |      |           |  | OTHER   | 70 |
| PROCTER & GAMBLE CO             | COM | 742718109 | 3580 | 56313 SH  |  | DEFINED | 70 |
|                                 |     |           |      |           |  | DEFINED | 70 |
|                                 |     |           |      |           |  | DEFINED | 70 |
| PROCTER & GAMBLE CO             | COM | 742718109 | 714  | 11237 SH  |  | OTHER   | 70 |
|                                 |     |           |      |           |  | OTHER   | 70 |
| SCHLUMBERGER LTD                | COM | 806857108 | 557  | 6449 SH   |  | DEFINED | 70 |
|                                 |     |           |      |           |  | DEFINED | 70 |
| SCHLUMBERGER LTD                | COM | 806857108 | 26   | 300 SH    |  | OTHER   | 70 |
|                                 |     |           |      |           |  | OTHER   | 70 |
| SOUTHERN CO                     | COM | 842587107 | 1529 | 37858 SH  |  | DEFINED | 70 |
|                                 |     |           |      |           |  | DEFINED | 70 |
| SOUTHERN CO                     | COM | 842587107 | 251  | 6208 SH   |  | OTHER   | 70 |
|                                 |     |           |      |           |  | OTHER   | 70 |

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FORM 13F INFORMATION TABLE

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|----------------------------|----------------|-----------|--------------------|--------------------|-------------------------|--------------------------|
| NAME OF ISSUER             | TITLE OF CLASS | CUSIP     | VALUE<br>(x\$1000) | SHRS OR<br>PRN AMT | SH/<br>PUT/<br>PRN CALL | INVESTMENT<br>DISCRETION |
| STATE STREET CORP          | COM            | 857477103 | 707                | 15675              | SH                      | DEFINED                  |
| STATE STREET CORP          | COM            | 857477103 | 41                 | 900                | SH                      | OTHER                    |
| TARGET CORP                | COM            | 87612E106 | 704                | 15009              | SH                      | DEFINED                  |
| TARGET CORP                | COM            | 87612E106 | 77                 | 1650               | SH                      | OTHER                    |
| TEXAS INSTRUMENTS INC      | COM            | 882508104 | 490                | 14925              | SH                      | DEFINED                  |
| TEXAS INSTRUMENTS INC      | COM            | 882508104 | 16                 | 500                | SH                      | OTHER                    |
| 3M CO                      | COM            | 88579Y101 | 1612               | 17000              | SH                      | DEFINED                  |
| 3M CO                      | COM            | 88579Y101 | 465                | 4900               | SH                      | OTHER                    |
| TRUSTCO BANK CORP NY       | COM            | 898349105 | 1864               | 380468             | SH                      | DEFINED                  |
| TRUSTCO BANK CORP NY       | COM            | 898349105 | 1362               | 278037             | SH                      | OTHER                    |
| UNITED PARCEL SERVICE      | COM            | 911312106 | 566                | 7765               | SH                      | DEFINED                  |
| UNITED PARCEL SERVICE      | COM            | 911312106 | 66                 | 900                | SH                      | OTHER                    |
| UNITED TECHNOLOGIES CORP   | COM            | 913017109 | 3350               | 37847              | SH                      | DEFINED                  |
| UNITED TECHNOLOGIES CORP   | COM            | 913017109 | 252                | 2850               | SH                      | OTHER                    |
| VANGUARD                   | MUT            | 922042858 | 2359               | 48510              | SH                      | DEFINED                  |
| VANGUARD                   | MUT            | 922042858 | 88                 | 1820               | SH                      | OTHER                    |
| VERIZON COMMUNICATIONS INC | COM            | 92343V104 | 1320               | 35456              | SH                      | DEFINED                  |
| VERIZON COMMUNICATIONS INC | COM            | 92343V104 | 337                | 9046               | SH                      | OTHER                    |
| WAL-MART STORES INC        | COM            | 931142103 | 1579               | 29716              | SH                      | DEFINED                  |
| WAL-MART STORES INC        | COM            | 931142103 | 163                | 3075               | SH                      | OTHER                    |
| WELLS FARGO & CO NEW       | COM            | 949746101 | 1521               | 54200              | SH                      | DEFINED                  |
| WELLS FARGO & CO NEW       | COM            | 949746101 | 214                | 7623               | SH                      | OTHER                    |
|                            |                |           | 0                  | 0                  |                         | OTHER                    |