

Unum Group
Form 4
February 27, 2014

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287
Expires: January 31, 2015
Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
MCCARTHY KEVIN P

(Last) (First) (Middle)

1 FOUNTAIN SQUARE

(Street)

CHATTANOOGA, TN 37402

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
Unum Group [UNM]

3. Date of Earliest Transaction (Month/Day/Year)
02/25/2014

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director 10% Owner
 Officer (give title below) Other (specify below)
EVP & Chief Operating Officer

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V Amount (A) or (D) Price			
Common Stock	02/25/2014		M ⁽¹⁾	857 A \$ 26.29	174,780 ⁽²⁾	D	
Common Stock	02/25/2014		M ⁽¹⁾	1,518 A \$ 23.35	176,298 ⁽³⁾	D	
Common Stock	02/25/2014		M ⁽¹⁾	1,653 A \$ 24.25	177,951 ⁽⁴⁾	D	
Common Stock	02/25/2014		A	34,886 ⁽⁵⁾ A \$ 0	212,837 ⁽⁶⁾	D	
Common Stock	02/26/2014		S ⁽¹⁾	1,610 D \$ 34	211,227 ⁽⁷⁾	D	

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Common Stock	1,864.38	I	By N-Q 401(k) Plan
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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 26.29	02/25/2014		M ⁽¹⁾	857	<u>(8)</u> 02/22/2019	Common Stock	857
Employee Stock Option (right to buy)	\$ 23.35	02/25/2014		M ⁽¹⁾	1,518	<u>(9)</u> 02/21/2020	Common Stock	1,518
Employee Stock Option (right to buy)	\$ 24.25	02/25/2014		M ⁽¹⁾	1,653	<u>(10)</u> 02/20/2021	Common Stock	1,653

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
MCCARTHY KEVIN P 1 FOUNTAIN SQUARE			EVP & Chief Operating Officer	

CHATTANOOGA, TN 37402

Signatures

/s/ Jullienne, J. Paul,
Attorney-in-Fact

02/27/2014

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The transactions reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 14, 2013.
- (2) Includes 44,511 restricted stock units, which may be settled, on a 1-for-1 basis, only in shares of common stock ("stock-settled RSUs"), and 130,269 shares of common stock. Fractional amounts have been rounded to the nearest whole number.
- (3) Includes 44,511 stock-settled RSUs and 131,787 shares of common stock. Fractional amounts have been rounded to the nearest whole number.
- (4) Includes 44,511 stock-settled RSUs and 133,440 shares of common stock. Fractional amounts have been rounded to the nearest whole number.
- (5) All are stock-settled RSUs which vest in three equal annual installments beginning on February 25, 2015.
- (6) Includes 79,397 stock-settled RSUs and 133,440 shares of common stock. Fractional amounts have been rounded to the nearest whole number.
- (7) Includes 79,397 stock-settled RSUs and 131,830 shares of common stock. Fractional amounts have been rounded to the nearest whole number.
- (8) The options vest in three equal annual installments beginning on February 22, 2012.
- (9) The options vest in three equal annual installments beginning on February 21, 2013.
- (10) The options vest in three equal annual installments beginning on February 20, 2014.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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