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Form 4	C											
FORM 4 Check this boy if no longer	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549										OMB APPROVAL OMB 3235-0287 Number: January 31 Expires: 2005	
subject to Section 16. Form 4 or Form 5 obligations may continue. <i>See</i> Instruction 1(b).	Filed p Section 1	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940								burden hou response	Estimated average burden hours per response 0.5	
(Print or Type Respo 1. Name and Addres Owen Robert Cr	2. Issuer Name and Ticker or Trading Symbol SOUTHWESTERN ENERGY CO [SWN]					-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) 2350 N. SAM H PARKWAY EA	3. Date of Earliest Transaction (Month/Day/Year) 12/09/2010						Director 10% Owner Officer (give title Other (specify below) Controller and CAO					
	Filed(Month/Day/Year) Applicable Line) _X_ Form filed by					int/Group Filing(Check One Reporting Person fore than One Reporting						
(City)	(State)	(Zip)	Table	I - Non-J	Der	ivative S	ecuri	ties Acc	uired, Disposed o	f, or Beneficial	llv Owned	
	Transaction E lonth/Day/Ye	any		3. Transact Code (Instr. 8)	tion]) (4. Securi Acquired Disposed	ties (A) o of (D	r)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	-	
Common 12 Stock	2/09/2010(1))		A		850	A	\$0	6,310	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Securi	ivative ties red sed of 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to Buy)	\$ 36.22	12/09/2010 <u>(1)</u>		A	2,600	C	12/09/2011 <u>(2)</u>	12/09/2017	Common Stock	2,600
Stock Options (Right to Buy)	\$ 34						07/28/2009	07/28/2015	Common Stock	9,300
Stock Options (Right to Buy)	\$ 30.68						12/11/2009	12/11/2015	Common Stock	3,980
Stock Options (Right to Buy)	\$ 40.73						12/10/2010	12/10/2016	Common Stock	4,520

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Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Owen Robert Craig 2350 N. SAM HOUSTON PARKWAY EAST SUITE 125 HOUSTON, TX 77032			Controller and CAO				
Signatures							
/s/ Melissa D. McCarty, Attorney-in-Fact for Mr Owen		12/13/20	010				
<u>**</u> Signature of Reporting Person		Date					

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock and incentive stock options granted in consideration of services as an officer.
- (2) Incentive stock options become exercisable in three equal installments beginning on the first anniversary of the grant date specified in Column 3 or immediately upon death, disability, retirement at age 65, or a change in control.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.