

TORRENT ENERGY CORP  
Form 8-K  
March 22, 2006  
UNITED STATES SECURITIES AND

EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) **March 16, 2006**

**TORRENT ENERGY CORPORATION**

(Exact name of registrant as specified in its charter)

**Colorado**

(State or other jurisdiction of incorporation)

**000-19949**

(Commission File Number)

**84-0503749**

(IRS Employer Identification No.)

**600-666 Burrard Street, Vancouver, BC V6C 2X8**

(Address of principal executive offices and Zip Code)

**604-639-3118**

(Registrant's telephone number, including area code)

**N/A**

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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**Item 7.01. Regulation FD Disclosure**

On March 16, 2006, we issued a news release updating developments on a number of our subsidiary, Methane Energy Corp. s Beaver Hill and Radio Hill pilot wells. See Exhibit 99.1 to this Form 8-K.

**Item 9.01 Financial Statements and Exhibits**

99.1 News Release dated March 16, 2006.

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**SIGNATURES**

Pursuant to the requirements of the Securities and Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

**TORRENT ENERGY CORPORATION**

/s/ Michael D. Fowler

Michael D. Fowler,

Chief Financial Officer

Date: March 21, 2006