

HIBBETT SPORTING GOODS INC
 Form 4
 March 29, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287
 Expires: January 31, 2005
 Estimated average burden hours per response... 0.5

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 ADAMS CHARLES W JR

2. Issuer Name and Ticker or Trading Symbol
 HIBBETT SPORTING GOODS INC
 [HIBB]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)

(Last) (First) (Middle)
 451 INDUSTRIAL LANE
 (Street)

3. Date of Earliest Transaction
 (Month/Day/Year)
 03/29/2006

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
 VP of IS and Distribution

BIRMINGHAM, AL 35211

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Common Stock, par value \$.01 per share	03/29/2006		M		3,038	A	\$ 5.90
Common Stock, par value \$.01 per share	03/29/2006		M		2,363	A	\$ 6.55
Common Stock, par value \$.01 per share	03/29/2006		M		2,363	A	\$ 7.41

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Common Stock, par value \$.01 per share 03/29/2006 S 7,764 D \$ 32 0 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	
Employee Stock Option, right to buy	\$ 5.9	03/29/2006		M	3,038	02/21/2002 02/21/2011		Common Stock	3,038
Employee Stock Option, right to buy	\$ 6.55	03/29/2006		M	2,363	02/26/2003 02/26/2012		Common Stock	2,363
Employee Stock Option, right to buy	\$ 7.41	03/29/2006		M	2,363	03/18/2004 03/18/2013		Common Stock	2,363

Reporting Owners

Reporting Owner Name / Address	Relationships
	Director 10% Owner Officer Other
	VP of IS and Distribution

